



## **Positive Parenting – For Changing Families**

### **Understand Your Child's Emotional Development & How To Manage Behaviours In Young Children**

This programme supports parents of children in primary school. The concept of the 'Good Enough Parent' supports parents to examine their parenting style and explore how this impacts on the relationship they have with their child.

During the programme parents are asked to become more confident in how they parent, allowing them to be assertive in how they handle the many challenges that young children can present. Parents will learn the importance of positive attention, routines and consistency, quality time, quiet time and the active listening. We will also examine the difference in discipline versus punishment, helping parents to teach children as they manage childhood behaviours.

**When: Wednesdays April May 4<sup>th</sup> – June 8<sup>th</sup> incl. 10 – 12noon.**

**Where: Leixlip Library, Capatáin's Hill, Leixlip.**

**Further details and to book a place contact:**

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