



Newtown House, Captain's
Hill, Leixlip, Co. Kildare

Leixlip Youth Project Transition Programme

Leixlip Youth Project is part of insync Youth and Family Services and we work with young people aged 12 – 24 in the Leixlip area. We offer a transition programme which has been in place with insync Youth and Family Services formally Kildare Youth Service since 1999. The Transition Programme aims to assist Young People in their transition from Primary to Secondary Level Education.

Due to Covid19 we feel it is more vital than ever to run our Transition Programme as young people have missed out on attending school because of the restrictions.

We will run the programme through zoom due to the restrictions in place, the programme is due to commence online on May 17th 2021. The programme this year will consist of a weekly online group for 6 weeks. We hope to be in a position to meet face to face later in the summer. The programme will look at confidence building, relationships, bullying, organisational skills, setting and maintaining goals in a fun and interactive context.

The programme is designed for Young People who may find this process more difficult due to levels of stress, fear and/or apprehension and who may find their experiences less favourable due to low self-esteem/confidence, experiences of bullying, disability (physical/learning) and/or experiencing social exclusion.

The Transition Programme is run to:

- Make the transition from primary to secondary school easier.



- Ensure young people seek support with any issues moving to secondary school.
- Address the fears and concerns young people have about moving to secondary school.
- Develop self-confidence, decision making skills and peer support amongst the participants.

If you are interested or want to know more about the programme contact

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