

An tSeirbhís Náisiúnta Siceolaíochta Oideachais National Educational Psychological Service (NEPS)

a) Coronavirus & Bereavement

<u>The Irish Hospice Foundation</u> have developed materials that are practical and easy to access. They are particularly useful in the Irish context, citing resources and supports available from organisations such as the HSE, DES etc. and websites such as www.rip.ie.

There are topic specific resources available addressing issues such as:

- Planning a funeral in exceptional times
- Grieving in exceptional times
- Helping Children grieve during COVID-19 restrictions

<u>Winston's Wish</u> is a British childhood bereavement charity with a very comprehensive website. There is a specific page focused upon COVID-19 with useful resources addressing topics such as "How to Say Goodbye When A Funeral Isn't Possible", "Telling A Child Someone Has Died from Coronavirus" and "Managing Grief in Isolation"

<u>Child Bereavement UK</u> are a charitable trust. Their website includes resources aimed at families and schools and also has a variety of instructional videos and short information films. (e.g. "Coronavirus-Supporting Bereaved Children", "Coronavirus-Supporting Pupils", "Coronavirus-Supporting Pupils"). There is also a live webchat facility where support and advice around bereavement is available.

<u>Cruse Bereavement Care</u> have compiled a very comprehensive set of resources aimed at the various aspects of bereavement in the context of Coronavirus-the complication of isolation and grief, the type of language that can be helpful to use, the emotions that can arise etc.

<u>Southend Educational Psychology Service</u> have compiled materials from a diverse range of sources (e.g. British Psychological Society, National Public Radio, Carol Grey etc) to help discuss Coronavirus and the changes that have occurred with children and young people. Very thorough and updated regularly these resources are aimed at professionals and families. They include, among others, printable resource packs and social stories, informative animations, information sheets etc.

The websites listed above in section a) Coronavirus and Bereavement all offer comprehensive resources and materials around bereavement in general.